

Katella Reporter



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A Message From Marc

Community Update

I would like to open this month's newsletter with an expression of gratitude. As many of you know, we held a benefit dinner on July 30th on behalf of our team member, Feliditas Vallejo, whom underwent a kidney and liver transplant in early July. Thanks to your tremendous support and generosity, over \$1,300 was donated to the family. Franciscas provided me with the following letter from the family dated August 14th:

Dear residents, family members and Katella staff,

Thank you for all of the donations that our family received. They have really helped us a lot and we are very grateful. Mom (Felicitas) is doing really well, thank God. Everyone in this facility is like family to us. My mom and are really thankful. We love our jobs and being around the residents. Soon she will come back to cook her delicious meals.

Sincerely, Felicitas and Francisca Vallejo

Felicitas is still doing quite well.. She has returned to the hospital a few times for precautionary measures, but she's getting stronger. Francisca reports that she is walking around and very anxious to get back home so that she can build her strength to return to work.

I also wanted to give a brief update on our dining services as many residents have noticed some changes that we're making. I've been working very closely with Matilde to see how we can add a touch of elegance and create a more pleasant dining experience. We have received positive feedback about the new dessert choices, including the newly added sugar-free selections. We're also changing the way we served soup/salad and entrees, so that you're food is served a little hotter. Finally, we're bussing (clearing) dishes during the meal instead of at the end. Let me assure you that this is not intended to hurry you through your meal. On the contrary, we want your dining space to be clutter-free and comfortable so as to invite you to stay longer at the table to visit with your tablemates. We ask for your continued patience as our dietary department makes these and other adjustments. We believe that you will be pleased with the end results and know that we welcome your feedback. In closing, I want to thank you for the ongoing encouragement, support and friendship that you have provided to our team. It continues to be a genuine pleasure to serve you

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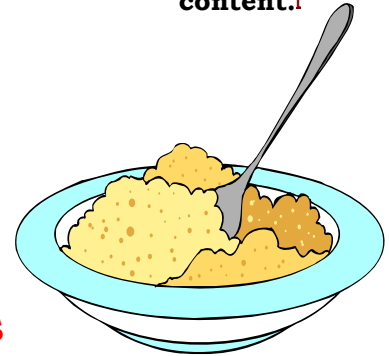
Who Put Oatmeal on the Map?

In 1978, the state of Texas made a big mistake when it decided to leave the little town of Oatmeal off its official state map. The twenty-person town of Oatmeal vowed never to be ignored again, and as a means of attracting attention and fame, it began its annual Oatmeal Festival.

Every Labor Day weekend, the Oatmeal Festival tries to outdo all the chili cook-offs Texas is famous for. Locals compete in oatmeal bakeoffs, oatmeal

sculpting, and building towers out of oatmeal boxes. During the oatmeal parade, planes flying overhead release a rain shower of oat flakes. Instead of crowning a festival queen, one lucky lady is declared Ms. Bag of Oats. (All entrants must be over 55 years old and ornery.) Be on the lookout for the Goat Gap Grits Guzzler, a nefarious peddler of grits, a breakfast food outlawed in the town of Oatmeal.

Daily consumption of a bowl of oatmeal can lower blood cholesterol, due to its soluble fiber content.!



September's Activities and Special Events

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| 9/2 Shopping Ralph's and Rite Aid | Living Week-"Back to School" theme | 9/18 Graduation party/Happy Hour |
| 9/4 Happy Hour with Bruce Pulcini | 9/14 Waffle Breakfast | 9/18 Class of 2009 group photo |
| 9/7 Happy Labor Day! | 9/15 Spelling Bee contest | 9/19 Family BBQ Lunch with entertainer Bernie Burns |
| 9/8 Resident Support Group Meeting in the Living room at 6pm | 9/16 Shopping Ralph's and Rite Aid | 9/21 Walk to 'n lunch in the Park |
| 9/9 Shopping Ralph's and Rite Aid | 9/16 History Class/Trivia | 9/23 Resident Council Meeting |
| 9/11 Rossmoor Library outing | 9/17 Mathletes competition | 9/25 Chinese food lunch outing |
| 9/12 Music Student Concert | 9/17 Candlelight Birthday Dinner | 9/25 Happy Hour + David Turner |
| 9/13 HAPPY GRANDPARENT'S DAY | 9/17 "The Big Game: Basketball Playoffs" | 9/26 Walk and Lunch in the Park |
| 9/13 Begins National Assisted | 9/18 Graduation Day-pizza lunch | 9/30 Shopping at Ralph's/Rite Aid |



September Birthday's and Anniversaries

Resident Birthday's:

- Jess Locklear 9/2
- Clara Fokken 9/15
- Helen Bonaminio 9/18
- Donald Broeske 9/21

Staff Birthday's:

- Karen Meacham 9/2

Staff Anniversaries:

- Heather Argueta 7 years
- Maria Alvarenga 6 years

A Month to Hit the Books

September is the time of year when children grudgingly bid farewell to summer and return to school to hit the books. But children aren't the only ones who benefit from cracking open the binding of a new book. September is Library Card Sign-Up Month, so as the weather starts to cool and activities move indoors, September is the perfect time to make a list of books to warm your heart during the cold months to come. Here are a few books by authors who were born during the month of September:

Fannie Flagg, born September 21, 1944, is best known for her novel *Fried Green Tomatoes at the Whistle Stop Café*. This book is about a woman who rediscovers excitement in her life after hearing the story of Idgie Threadgoode, a firecracker of a woman who cannot stay away from poker, booze, and little white lies. The book's characters embody all the comfort and turbulence of her little Alabama café.

Stephen King, born September 21, 1947, is renowned as a horror novelist, but he has also written a wide variety of less-terrifying books. *The Green Mile* tells the story of a man sentenced to death row who has magical healing abilities, and *Hearts in Atlantis* is about a young boy who befriends an old man with psychic powers. King's books are perfect for those with curious minds.

The famous mystery writer Agatha Christie, born September 15, 1890, has sold over four billion copies of her books and is known as the "Queen of Crime." Her chief work, *Murder On the Orient Express*, tracks detective Hercule Poirot as he searches for a killer on a train from Istanbul to Paris. Her other famous detective, Miss Jane Marple, is an elderly woman with a sharp intellect who often embarrasses local police when she solves crimes they cannot.

Writers Richard Wright, F. Scott Fitzgerald, Truman Capote, and William Faulkner were also born in September, but whether born in September or not, this is the perfect time to lose yourself in a new book or even reread a favorite. Happy reading!



Happy New Year 5770!

Two important Jewish holy days fall in the month of September: Rosh Hashanah and Yom Kippur. Rosh Hashanah marks the beginning of the Jewish New Year. It begins at sundown on Friday, September 18, 2009, which is actually the Jewish year 5770. One central observance during Rosh Hashanah is the sounding of the *shofar*, or ram's horn. This represents the ceremonial trumpet blast that accompanies the crowning of a king – and in this case it is

the crowning of God as king.

Yom Kippur, the holiest day of the Jewish year, falls ten days after Rosh Hashanah. It is the Day of Atonement, where one must fast all day and devote time to prayer and forgiveness of sins. Because this day falls at the beginning of the New Year, observers are joyous as they are confident God will forgive them their sins and grant them a year of happiness and health.

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Organization

September Birthdays

If you were born from August 23-September 22, you are a Virgo, the Virgin. If you were born from September 23-October 22, you are a Libra, the Scales. Virgos are logical, conscientious, hard-workers who value stability and are always ready to offer a helping hand. Libras are elegant, kind, gentle, and, like the balancing scales that represent them, love harmony and balance.

- Rocky Marciano (boxer) Sept. 1, 1923
- Jesse James (outlaw) Sept. 5, 1847
- Buddy Holly (musician) Sept. 7, 1936
- Patsy Cline (musician) Sept. 8, 1932
- Agatha Christie (novelist). Sept. 15, 1890
- B.B. King (musician) Sept. 16, 1925
- Sophia Loren (actress) Sept. 20, 1934
- Ray Charles (musician) Sept. 23, 1930
- Mickey Rooney (actor) Sept. 23, 1920
- Baby Shamu-Kalina (whale) Sept. 26, 1985

HAPPY SEPTEMBER BIRTHDAY!

September is the most important month in the world of television. Major networks premiere new shows in the hopes of launching a hit. Very often, a show airs for a season, fails, and is never heard of again. But every once in a while, a show airs that becomes a fan favorite and lives forever in reruns. Here are some memorable television shows celebrating their birthdays in September. See if you can find them. (Ignore spaces between words.)

- MASH** **Columbo**
- Lassie** **Bewitched**
- Cheers** **Perry Mason**
- Oprah** **Law and Order**
- Flipper** **Star Trek**
- Gunsmoke** **Charlie's Angels**
- Gilligan's Island** **The Lone Ranger**
- The Muppet Show**

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I	U	P	D	R	T	F	B	A	N	P	V	H	L
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A	W	H	I	L	M	N	E	A	L	E	E	E	D
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